

# VETERANS

COMMUNITY PROJECT



## HELP STOCK THE SHELVES

We are so grateful for a caring community who helps provide critical food and personal items for our Veterans. Commissary items may be shipped or delivered to:

**VCP Outreach Center**  
8825 Troost Ave  
KC, MO 64131

*For more information,  
contact Kristen at  
[kgriffin@vcp.org](mailto:kgriffin@vcp.org)*

## ▲ FOOD ITEMS

*(non-perishable items only, please)*

Spices\*  
Canned Meat (tuna, chicken, etc.)  
Peanut Butter  
Jelly  
Chili/Ravoili  
Canned Beans  
Soup  
Ramen Noodles/Cup O' Noodles  
Canned Vegetables  
Canned Fruit  
Spaghetti Sauce  
Pasta/Noodles  
Mac & Cheese (box and cups)\*  
Instant Potatoes  
Powered Milk  
Rice (1lb bag)  
Breakfast Bars/Protein Bars  
Instant Oatmeal  
Cereal  
Trail Mix/Nuts  
Crackers  
Powdered Drink Mixes  
Coffee

## HYGIENE ITEMS

*(full-size items only, please)*

Shampoo  
Conditioner  
Body Wash  
3 - in 1 Wash  
Lotion  
Bar Soap  
Baby Wipes  
Comb/Brush  
Sunscreen  
Band-Aids  
Nail Care Kits  
Wash Cloth/Hand Towel  
Disposable Razors  
Shaving Cream  
Chapstick

## MISC

*(new items only, please)*

Liquid Dish Soap  
Laundry Detergent  
Black Trash Bags  
Handheld Can Openers  
Boots and Shoes\*  
Underwear (mens and womens)  
Back Packs  
Pocket Umbrellas/Rain Ponchos  
Jackets  
Small Tents  
Tarps  
Sleeping Bags